



RIVERSIDE

CARDIOLOGY AND DIAGNOSTIC IMAGING

5 Junction Road, Toronto, ON M6N 1B5

T 416.766.1162 F 416.766.0463

www.riversideclinic.ca

Addressograph

Patient Name: _____

DOB: _____ HC#: _____

Address: _____

Phone: _____ Cell: _____

Email: _____

RAPID CARDIOLOGY ASSESSMENT CLINIC REFERRAL

DATE OF REFERRAL: MM / DD / YY

FAX to: 416.766.0463

URGENCY:

24h

72h

7 days

REASON FOR CONSULTATION:

CHEST PAIN

ATRIAL FIBRILLATION

SYNCOPE

DYSPNEA

Brief history:

Please attach relevant investigations / bloodwork

TEST REQUESTED:

STRESS TEST

Treadmill stress test

Exercise perfusion scan

Persantine perfusion scan

ECHOCARDIOGRAM

ECG

AMBULATORY BP MONITOR

HOLTER MONITOR

24 hour

48 hour

7 day

14 day

REFERRING PRACTITIONER:

Referring Practitioner: _____ OHIP#: _____

Address: _____

Phone: _____

Fax: _____

CC to:

DATE:

SIGNATURE:

NAME:

Patient Instructions:

We are located at **5 Junction Road**, off Keele Street between Dundas and St. Clair. There is a large parking lot.

Please call 416.766.1162 to book your appointment.

Bring all your medications (or a list).

Wear comfortable clothing.



Exercise stress test (GXT)

| | |
|-----------------------------------|--|
| What is it? | An exercise stress test is most commonly used to evaluate chest pain and diagnose coronary artery disease |
| What is involved? | The test involves walking on a treadmill. Every three minutes, the treadmill gets a little steeper and faster. This makes your heart do more work. The test will be stopped if you develop severe chest pain, shortness of breath, or feel very fatigued or reach a certain heart rate. Your heart rate, blood pressure and heart rhythm will be continuously monitored during the test. |
| How long does it take? | About 45 minutes |
| Is any preparation needed? | No |

Myocardial perfusion imaging (Nuclear stress test)

| | |
|-----------------------------------|---|
| What is it? | The purpose of the test is to assess the blood flow to your heart muscle, and to see if there are blockages in the arteries of your heart (coronary artery disease). This test allows us to take pictures of your heart after an injection of a radioactive tracer. The radioactive tracer is given through an intravenous. It has been shown to be safe, and the radiation exposure is low. |
| What is involved? | The test involves walking on a treadmill. Every three minutes, the treadmill gets a little steeper and faster. This makes your heart do more work. If you are unable to exercise, a medication called Persantine can be used to stress the heart. Persantine works by opening up the blood vessels. Some people develop side effects from this medication including flushing, headache, nausea, shortness of breath, chest or abdominal pain. If any of these symptoms develop, there is an antidote will be given at the end of the |
| How long does it take? | About 4 hours |
| Is any preparation needed? | NO CAFFEINE in any form (coffee, tea, chocolate, Tylenol 3) for 24 hours before the test |

Echocardiogram (ECHO)

| | |
|-----------------------------------|---|
| What is it? | An ECHO is an ultrasound of the heart. It uses sound waves to create pictures of your heart, so your heart's function can be assessed. An ECHO also looks at the heart valves to see if they are functioning normally |
| What is involved? | An ultrasound probe is applied to your chest, and pictures are taken |
| How long does it take? | About 30 minutes |
| Is any preparation needed? | No |

Holter monitor

| | |
|-----------------------------------|--|
| What is it? | A holter monitor is used to diagnose abnormal heart rhythms. It records every heart beat during the period of monitoring |
| What is involved? | Electrodes are applied to your chest, wires are connected. You are then given a pack to carry around for 1 to 14 days |
| How long does it take? | 15 minutes |
| Is any preparation needed? | No |